EASY Diagnostic Survey*

Welcome! This survey will assess the kinds of problems you've been having and will help your therapist perform a thorough diagnostic evaluation. It takes about 30 to 45 minutes to complete and focuses on common problems, such as:

- Difficulties in your work or personal relationships
- Mood problems such as depression
- Anxiety, such as shyness, panic, chronic worrying, and phobias
- Reactions to stressful or traumatic events
- Pain or other physical symptoms
- Addictions to gambling, drugs, or alcohol
- Eating problems, such as overeating, anorexia nervosa, or purging (bulimia)

If you have any questions about any of the symptoms you've been experiencing, be sure to ask your therapist. This should be an educational process, and there shouldn't be anything mysterious or secretive about it.

Here's an example of how to fill out the survey. The man who filled out the Feelings of Depression test below was feeling very sad and discouraged. He also felt worthless, and had a loss of pleasure and satisfaction in life. He added up his score on the five items and put "17" in the total box at the bottom. This score indicated that he was feeling severely depressed.

Please add up your score on each test after you complete it, just as this man did. If this seems too difficult, don't worry about it. Your therapist can help you with that part.

		Feelir	gs of Dep	ression		MATERIAL PROPERTY.	T	Г			T
items.			omig race	e how muc ntly. Pleas e	h each iter e answer	n all of the	Not at all	Slightly	Moderately	A lot	Extremely
1. Sad	or down in	the dump	s	100-	-		0	-	-2	3-	4-
Z. Disco	uraged or	hopeless								1	
3. Low s	elf-esteer	n inferiori	ty, or worth					7		7	
4. Loss	of motivat	ion to do t	ty, or worth	lessness				7		7	1
5. Loss	of pleasur	ij ob oj noi	nings				1	-	\dashv	+	-
(Page 40)	or picasur	e or satisfi	action in life	е			-	\dashv	+	-	•
(Page 13)	0-4	5 – 8	9-12	13-16	17 - 20					<u> </u>	
			ete bour		17-20	Total (5	tem	s) -	>	17	,

You'll notice that most of the tests have a range of scores at the bottom. This will show your therapist whether your symptoms are mild, moderate, or severe. The page number at the bottom on the left is for your therapist, and refers to a separate guidebook.

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Clinical Survey* Part 1. Basic Information

1. Gender (Please check V	onel		_ Today's Dat	···
Male Female	Other			
2. Age (Please check one)			Please sp	ecify
0-10	31 –	40		61 70
11 – 20	41-9	50		61 – 70 71 – 80
21 – 30	51-0	30		81 or older
3. Marital Status (Please che	ck ✓ one)			Of Or Older
a. Single, no partner	c. Living together	e. Sepa	arated	1
b. Single, steady partner	d. Married	f. Divor	NO. WENTER AND	g. Widowed
4. Racial Background (Pleas	e check ✓ the one that applies the b	J L. DIVOI	ced	h. Other
a. White / Caucasian b. Black / African / African-Ameri c. Asian / Asian - American d. Chicano / Mexican-American /	1.	Middle-Easter Filipino Other (describ		eli
5. Education (Please check ✓				
. No formal education				
. Grammar school	d. Some college or technitraining	ical	f. Some	graduate school
. High school			g. Gradu	ate degree
- Your family's annual incom	e. College degree e (Please check ✓ one. Take your b	nest quese if un	IGUITO \	
. Less than \$10,000	e. \$40,001 - \$50,000	Just guess ii uii		
. \$10,001 - \$20,000	f. \$50,001 – \$60,000		The second second	1-\$100,000
\$20,001 - \$30,000	g. \$60,001 – \$70,000			01 - \$ 150,000
\$30,001 - \$40,000	h. \$70,001 – \$80,000		100	01 - \$200,000
	410,001 - 200,000		I. More th	an \$200,000

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_	Please write a brief explanation of why you're seeking therapy at this time:					
		y 0 18				
					-	
			- Division	-		
_						
		-	10000			
						TY I
	Approximately how many therepiete have the second					
	Approximately how many therapists have treated you in the past?					
	Approximately how many times have you been hospitalized for psychiatric probl	a			<u> </u>	
	propi	ems?			L	
	Doub O Mr					
	Part 2. Motivational Assessm	ent				
eas		ent				
ea:).	se use checks ✓ on these items.	ent	No	May	be	Yes
eas D.	se use checks ✓ on these items. Are you currently receiving disability?	ent E	No	May	be	Yes
0.	se use checks ✓ on these items. Are you currently receiving disability? Are you currently seeking disability?	ent	No	May	be	Yes
). I.	se use checks ✓ on these items. Are you currently receiving disability?	ent	No	May	be	Yes
). I.	se use checks on these items. Are you currently receiving disability? Are you currently seeking disability? Are you currently involved in any lawsuits or legal disputes?	ent	No		be	Yes
). I.	se use checks ✓ on these items. Are you currently receiving disability? Are you currently seeking disability?	ent	No		be	
D. 1. 2.	se use checks on these items. Are you currently receiving disability? Are you currently seeking disability? Are you currently involved in any lawsuits or legal disputes? Willingness to Change*	E		lling		ing
o. I. 2.	Are you currently receiving disability? Are you currently seeking disability? Are you currently involved in any lawsuits or legal disputes? Willingness to Change* cructions. Below you'll find a list of things people do to try to	E		lling		ing
o. I. 2.	Are you currently receiving disability? Are you currently seeking disability? Are you currently seeking disability? Are you currently involved in any lawsuits or legal disputes? Willingness to Change* iructions. Below you'll find a list of things people do to try to roome feelings of depression and anxiety. Indicate whether you'd willing try each activity if a thornwist or the roome.	E		lling		ing
o.	Are you currently receiving disability? Are you currently seeking disability? Are you currently involved in any lawsuits or legal disputes? Willingness to Change*	E	Slightly willing	lling		ing
o.	Are you currently receiving disability? Are you currently seeking disability? Are you currently involved in any lawsuits or legal disputes? Willingness to Change* cructions. Below you'll find a list of things people do to try to recome feelings of depression and anxiety. Indicate whether you'd willing try each activity if a therapist or trusted friend suggested it.	0 - Definitely not			3 - Very willing	
o. I. 2.	Are you currently receiving disability? Are you currently seeking disability? Are you currently involved in any lawsuits or legal disputes? Willingness to Change* Tructions. Below you'll find a list of things people do to try to recome feelings of depression and anxiety. Indicate whether you'd villing try each activity if a therapist or trusted friend suggested it. In order to recover 1'd be willing to	E	Slightly willing	- Moderately willing		ing
nst ver le v	Are you currently receiving disability? Are you currently seeking disability? Are you currently involved in any lawsuits or legal disputes? Willingness to Change* tructions. Below you'll find a list of things people do to try to recome feelings of depression and anxiety. Indicate whether you'd willing try each activity if a therapist or trusted friend suggested it. In order to recover, I'd be willing to— Try new ways of relating to other people	E	Slightly willing	- Moderately willing		ing
o. I. 2.	Are you currently receiving disability? Are you currently seeking disability? Are you currently involved in any lawsuits or legal disputes? Willingness to Change* cructions. Below you'll find a list of things people do to try to recome feelings of depression and anxiety. Indicate whether you'd villing try each activity if a therapist or trusted friend suggested it. ase answer all of the items. In order to recover, I'd be willing to— Try new ways of relating to other people Get started on a task I've been avoiding or putting off	E	Slightly willing	- Moderately willing		ing
nst ver e v	Are you currently receiving disability? Are you currently seeking disability? Are you currently involved in any lawsuits or legal disputes? Willingness to Change* tructions. Below you'll find a list of things people do to try to recome feelings of depression and anxiety. Indicate whether you'd villing try each activity if a therapist or trusted friend suggested it. In order to recover, I'd be willing to— Try new ways of relating to other people Get started on a task I've been avoiding or putting off Make a plan for solving the problems in my life	E	Slightly willing	- Moderately willing		ing
nst ver le a le a	Are you currently receiving disability? Are you currently seeking disability? Are you currently involved in any lawsuits or legal disputes? Willingness to Change* cructions. Below you'll find a list of things people do to try to recome feelings of depression and anxiety. Indicate whether you'd villing try each activity if a therapist or trusted friend suggested it. ase answer all of the items. In order to recover, I'd be willing to— Try new ways of relating to other people Get started on a task I've been avoiding or putting off	E	Slightly willing	- Moderately willing		ing

Part 3. Relationship Survey

Instructions. Use checks (\checkmark) to indicate whether you're having problems in any of the following areas. Please answer all of the items.	No	Maybe	Yes
Have you had any of problems –		you	100
TO: ALSCHOOLY (DXT)			
19. In your work or career? (Dx2)			
Have you had any problems or conflicts in your set of			
20. Your child or parents? (Dx3)			
21. A brother or sister? (Dx4)			
22. Your spouse or partner (Dx5)			
23. Any abuse or violence in your relationship with a spouse or partner? (D6)			
24. Any abuse, violence, or neglect in your childhood? (Dx7)			
25. Are you struggling because of the death of a loved one? (Dx8)			

Relationship Satisfaction Scale* Instructions. Use checks (✓) to indicate how satisfied or Idissatisfied you feel about your relationship.	Di	ssatisfic	ed			Satisfied	
dissatisfied you feel about your relationship with some person. Put his or her name here: Please answer all of the items.	Very	Moderately	Slightly	Neutral	Slightly	Moderately	Verv
6. Communication and openness	-6	-	2-5	3-8	4-5	5 - M	6 - Ve
7. Resolving conflicts and arguments 8. Degree of affection and caring				-			
9. Intimacy and closeness					-	-	
O. Overall satisfaction						-	-
						_	

Anger Toward Yourself*			aly.		100
Please put a check () after each of the following items to indicate how any you've been feeling with yourself recently. Please answer all of the items</th <th>Not all</th> <th>Slightly</th> <th>Moderately</th> <th>A lot</th> <th>Extremely</th>	Not all	Slightly	Moderately	A lot	Extremely
31. Frustrated	s.	1	2-1	3-1	4-
32. Annoyed					
33. Irritated				1	
0 1-3 4-6 7-9 10-12				the same of the sa	

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Plea you	ase pu	t a chec en feelir	k (*/) af	Ange ter each other pa		e follow recentl	ring iter y. Plea	ms to	indi ns w	icate I	now a	ngry e items.	In the fact of	U - NOI at all	1 - Slightly	2 - Moderately	1	1
34.	Frustr	ated				-	Angry F	eelings	S					_			1	L
35.	Апло												T	T			T	T
36.	Irritate	and the same of th									1900			1			1	+
			0	10										+				+
				1-3		4-6	7-	9	10	12		T	otal (3 ite	ms) >		-
							Violent	Urges									_	
37.	I've ha	d though	ts or fanta	sies of hu	urting p	eople.		J. 900	-				T	_			_	_
38.	rve na	ld the urg	e to do so	mething I	harmful	or viole	nt.		-				+	+	+			L
39.	Inten	d to do so	mething I	narmful or	' violent								+	+	+			L
			0	1-3	4	1-6	7-9		10 -	12		-	otal (3			_		L
		1	Feelin	gs of I		essio		No. of Contract					1		^	ately		ohv
0.	Sad or	ns. Use ng right down in t	checks (now, at he dumps	(✓) to in	Depr	essio	n Rig	jht M	Vov	v*	bes he	ow items.	0 - Not at all	1 - Clinhtiv	i – ongintry	2 - Moderately	3 - Very	4 - Extremely
10.	Sad or Discou	ns. Use ng right down in t raged or	checks (now, at the dumps	(✓) to in t this ve	Depr dicate ery mo	essio how m	n Rig	jht M	Vov	v*	bes h	ow i tems .	1	1 - Climbiu	- Oligility	2 - Moderately	3 – Very	4 – Extremely
10. 11. 2.	Sad or Discoul Low se	ns. Use ng right down in t raged or lf-esteem	checks (now, at he dumps hopeless , interiority	(*) to in t this ve	Depr dicate ery mo	essio how m	n Rig	jht M	Vov	v*	bes h	ow items.	1	1 - Clinhtiu	- Ollginiy	2 - Moderately	3 - Very	4 – Extremely
10. 1. 2. 3.	Sad or Discour Low se Loss of	ns. Useing right down in the raged or lifesteem motivation	checks (now, at the dumps nopeless , interiority on to do th	(*) to in t this ve	Depr dicate ery mo	essio how m	n Rig	jht M	Vov	v*	bes h	ow items.	1	1 - Clinth	- Signity	2 - Moderately	3 – Very	4 - Extremely
10. 1. 2. 3.	Sad or Discour Low se Loss of	es. Use ng right down in t raged or if-esteem motivation pleasure	checks (now, at he dumps hopeless , interiority n to do th or satisfa	(*) to in t this ve t, or worth ings	Depr dicate ery mo	essio how moment.	n Rig nuch ea Pleas	jht N ach ite e ans	Vov	v*	bes he	ow items.	1	1 - Slightly	i – ongriti	2 - Moderately	3 - Very	4 - Extremely
nstr. 10. 11. 12. 33.	Sad or Discour Low se Loss of	ns. Useing right down in the raged or lifesteem motivation	checks (now, at he dumps hopeless , interiority n to do th or satisfa	(*) to in t this ve	Depr dicate ery mo	essio how m	n Rig nuch ea Pleas	jht M	Vov	v*	f the i	items.	1			2	3 - Very	4 - Extremely
0. 11. 2. 3. 4.	Sad or Discour Low se Loss of Loss of	down in to raged or if-esteem imotivation pleasure 0 -	checks (now, at he dumps nopeless, interiority on to do the or satisfa. Chrohecks (st two)	(*) to int this very things ction in life 5-8	Depr dicate ery mo	how ment.	n Rig nuch ea Pleas 13 1(Dx	pht Nach ite e ans	Nov em c swei	v* descri r all o	f the i	To	-0		ns)	- Moderately 🛧	- Very	- Extremely 4
10. 11. 2. 3. 4.	Sad or Discour Low se Loss of Loss of	down in to raged or if-esteem motivation pleasure 0 -	checks (now, at he dumps hopeless , interiority or satisfa Chro hecks (st two)	(*) to int this vertically, or worthings ction in life 5-8 Onic D () to ind (ears. P	Depr dicate ery mo	how moment.	13 I(Dx	- 16 10) ch ite	Nov em c swei	v* descri r all o	f the i	To	tal (5	iten	ns)	- Moderately 🛧	8	
10. 11. 2. 3. 4.	Sad or Discour Low se Loss of Loss of Loss of	down in to raged or if-esteem motivation pleasure 0 - the parter of the	checks (now, at he dumps hopeless , interiority or satisfa Chro hecks (st two) d or unhap	(*) to int this very, or worthings ction in life 5-8 Onic D () to ind rears. Popy on moment of the	Depr dicate ery mo	how moment.	13 I(Dx	- 16 10) ch ite	Nov em c swei	v* descri r all o	f the i	To	tal (5	iten	ns)	- Moderately 🛧	- Very	- Extremely 4
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10. 11. 2. 3. 4. 4.	Sad or Discoul Low se Loss of	down in to raged or if-esteem motivation pleasure 0 - continuous depresse sad, blue, 0 vious	checks (now, at he dumps hopeless , interiority or satisfa Chro hecks (st two) d or unhap	(*) to int this very things ction in life 5-8 Onic D (*) to ind the popy on most of the ses of C	Depr dicate ry mo	how moment.	13 1(Dx uch earer all o	-16 10) ch ite f the years /ears. 7-8	* em d iten	v* descrit	es ho	To	-0 latal (5	iten Alightly	ns)	◆ Z-INODGETately ◆	- Very	

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in:	stru	ctions	. Use chec	ke (-/) to in-	or Debi	ression i	Dx9)*	Two We		Mat at all	0 - MOL al all	Slightly	- Moderately	- Very	
48						y every day f					5	-	2-1	3-1	1:
49		I've los	st interest in	nearly all r	jeasurable o	y every day to	or the past	two weeks. ring the past t			1				+
50		I've be	en feeling	hopeless.	NOLOGI GUIG U	r rewarding a	ctivities du	ing the past to	wo weeks.						+
51		Feeling	gs of depre	ssion have I	oeen distress	ing or upsetti	ng to me								T
52		Feeling	s of depre	ssion have t	een causing	Mohleme in	my work -	elationships, o							T
(Pa	ge '	12)	0-4	5-8	9-12	10 10	THY WORK, PE	lationships, o	r activities.						T
					3-12	13-16	17 - 20		To	otal (5 ite	ems) >		
53.					s During		st Two	Weeks*		0 - Not at all		I - Sligntly	2 - Moderately	3 - Very	A Evenomely
4.	A	At times	. I've had t	he uses to e	ommit suicid	ming myself		way to the same of			T				
D-	je 4	(9)	0		-						T	1			
raį	,,,	"		1	2-3	4-6	7-8		To	tal /9	ien		-		
			Previo	ous Epis	odes of I	Major Do	7-8 Pression	1 Sed event day		tal (2		ms) ybe		Yes	s
Pag 55.			Previo	ous Epis	odes of I	Major Do		n sed every day						Yes	s
sstri	V a	Was the	Previo	ous Epis ime in your l ?	odes of I	Major Dej felt sad, blue ms (Dx9	pression , or depres – Dx10	sed every day	No / for			ybe	T T		Extremely
sstri	V a	Was the	Previo	ous Epis ime in your l ?	odes of I	Major Dej felt sad, blue ms (Dx9	pression , or depres – Dx10	sed every day	No / for		Via	ybe	- Moderately	- A lot	
stri	V a	Was the tit least to th	Previo	ous Epis ime in your l ?	odes of I	Major Dej felt sad, blue ms (Dx9	pression , or depres – Dx10	sed every day	No / for	- Not at all	Via	ybe	- Moderately	- A lot	- Extremely
stri	Waa auctie g th	Vas the It least i	Previo	ous Epis ime in your l ?	odes of I	Major Dej felt sad, blue ms (Dx9	pression , or depres – Dx10	sed every day	No / for	- Not at all	Via	ybe	- Moderately	- A lot	- Extremely
stri	V a	Vas the t least t ons. Us he past oor appo	Previo	ous Epis ime in your l ?	odes of I	Major Dej felt sad, blue ms (Dx9	pression , or depres – Dx10	sed every day	No / for	- Not at all	Via	ybe	- Moderately	- A lot	- Extremely
stri	V a	Vas the t least i ons. Us ne past oor apportereatin ouble si eeping t	Previo	ous Epis ime in your l ?	odes of I	Major Dej felt sad, blue ms (Dx9	pression , or depres – Dx10	sed every day	No / for	- Not at all	Via	ybe	- Moderately	- A lot	- Extremely

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Instructions.	Indicate hov y. Please ar	v much ea		describes		een	0 - Not at all true	- Slightly true	- Moderately true	- Very True	
61. I feel excite	ed and enthusi	astic about r	Mactically over d	lhing			0	+	2-	8	1
- 1 IGGI IAF IIA	ppier and mor	e cheerful th	an usual.	anny.							
(Page 16)	0	1-2	3-4	5-6							
63. I've been fe	eeling irritable a	at times.		3-0	7-8	Tot	al (2	items	s) →		
64. I've been fe	eling angry at	times.									Γ
(Page 16)	0	1-2	3-4								Г
			3-4	5-6	7-8	Tota	al (2 i	tems) >		Mes
6. I've had trem	eling extremely nendously high	worthwhile.		lescribes h	ow you've bee	en feeling	0 - Not at all true	1 - Slightly true	2 - Moderately true	3 Very True	A - Completely terre
7. My mind has	been flooded	with coather	oveitle - Id							T	
7. My mind has	been flooded	with creative	exciting ideas							-	
 My mind has Almost every 	thing seems to	with creative capture my	exciting ideas								
7. My mind has8. Almost every9. I've had enor	thing seems to mous energy.	with creative capture my	e, exciting ideas. Attention.								
 My mind has Almost every 	thing seems to	with creative capture my	exciting ideas	13 – 16	17 – 20	Tota	1 (5 it)	eme)			
My mind hasAlmost everyI've had enor	thing seems to mous energy.	with creative capture my	e, exciting ideas. Attention.	13 – 16	17 – 20 Inia	Tota	1 (5 ite	ems)	>		
9. I've had enor (Page 16-19) During the pa	thing seems to mous energy. 0-4 Currest month, have	with creative capture my 5 – 8 ent Episode	9 – 12 Hypomania of Mania or Hy	13 – 16 Ma 'pomania*	nia	Г	I (5 ite		→ ybe	Ye	
9. I've had enor (Page 16-19) During the parevery day, for	thing seems to mous energy. 0-4 Currest month, have at least four distinction have	so the street of the street street in the street st	9 – 12 Hypomania of Mania or Hy	13 – 16 Ma pomania* Or excessively	nia / Imitable all day l	long,				Ye	·s
9. I've had enor (Page 16-19) During the parevery day, for every day, for every day, for	current to the state of the sta	with creative capture my 5 – 8 ent Episode you felt inte ays in a row you felt inte eek?	9 - 12 Hypomania of Mania or Hy ensely euphoric of	13 – 16 Ma pomania* Or excessively	nia / Irritable all day l / Irritable all day l	long,				Ye	es
9. I've had enor (Page 16-19) During the parevery day, for every day, for every day, for	curre thing seems to mous energy. 0 - 4 Curre st month, have at least four di st month, have at least one wang drugs or alc	with creative capture my 5 – 8 ent Episode you left inte ays in a row you felt inte eek? cohol when y	9 - 12 Hypomania of Mania or Hy nsely euphoric (? nsely euphoric (13 – 16 Ma pomania* or excessively or excessively nds of feeling	nia / Irritable all day l / Irritable all day l	long,				Ye	es
9. I've had enor (Page 16-19) During the paevery day, for every day, for Were you taking	thing seems to mous energy. 0-4 Current month, have at least four dist month, have at least one wing drugs or alc	o capture my 5 – 8 ent Episode you felt inte ays in a row you felt inte eek? cohol when y Episodes o	9 – 12 Hypomania of Mania or Hy ensely euphoric of nsely euphoric of ou had these kir	13 – 16 Ma pomania* Of excessively ods of feeling	nia / irritable all day l / irritable all day l s?	long,				Ye	es
9. I've had enor (Page 16-19) During the parevery day, for were you taking. Have you felt it.	curre thing seems to mous energy. 0 - 4 Curre st month, have at least four de st month, have at least one we ag drugs or alc Past ntensely eupho	o capture my 5 – 8 ent Episode you felt inte ays in a row you felt inte eek? cohol when y Episodes of	9 – 12 Hypomania of Mania or Hy nsely euphoric of rou had these king	13 – 16 Ma pomania* Or excessively nds of feeling omania*	nia / Imitable all day l / Imitable all day l s?	lang, ong,				Ye	es
My mind has 8. Almost every 9. I've had enor (Page 16-19) 0. During the parevery day, for 1. During the parevery day, for 2. Were you taking Have you feel into days in a row? Did you feel into week?	curre thing seems to mous energy. 0 - 4 Curre the month, have at least four de the month, have at least one we at least one we at least one we at least one we the drugs or alc Past the method lensely euphore ensely euphore ensely euphore	o capture my 5 – 8 ent Episode you left interex? cohol when y Episodes of or excessic or excessic or excessic	9 – 12 Hypomania of Mania or Hy insely euphoric of rou had these kind f Mania or Hypomania outhad these kind f Mania or Hypomania sively imitable all	13 – 16 Ma pomania* or excessively nds of feeling omania* t any time du day long, eve	nia / irritable all day l / irritable all day l s?	ong, ong,				Ye	S

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Part 5. Anxiety Survey

			Anxi	ious Feel	ings*			=		lely		>
Inst	ructions wer all o	s. Use chec	cks (√) to inc	dicate how y	ou've been fo	eeling recently.	Please	Not at all	Slightly	Moderately	Very	Extremely
77.	Anxious							-0	1	2-1	3-1	4-E
78.	Nervous										-	4
79.	Worried								1			
80.	Frighten	ed or apprehe	ensivo			- 20000			1	-		
81.	Tense or	on edge	MONE									
		0-4	5-8	9-12	13 - 16	17 00						
	_				10-10	17 - 20	Tota	l (5 it	eme)	2		

instr you'r	ruction: re feelin	s. Use chec	ko (O t- :		of Anxiet	ty* /pe of symptom Il of the items	is when	Not at all	Slightly	Moderately	Very	Extremely
	TAXABLE CONTRACTOR		ounding of the		e answer a	II of the items		0	+	2-	3-	4-
83.	Sweatin	g, chills, or ho	t flushes	rourt								
84.		g or shaking										
85.			or difficulty br	eathing								
86.	Feeling (dizzy, lighthea	ded, or off-bala	Ince								
	le 19)	0-4	5-8	9-12	13 - 16	17-20						

		Chronic	Worrying	(Dx16)*			Il true	true	ely true	9	Completely true
Instruction answer all	s. Use chec of the item	cks (√) to ind s.	dicate how y	ou've been f	eeling recently.	Please	Not at all true	Slightly true	Moderately true	Very True	Somplet
87. I worry	about things a	lot.					-0	1	2-	3-	4-(
	worry all day										
89. I've bee	n worrying abo	out things more	down than and	for the past six							
90. The wo	Tying is upset	ing to me	days man not	for the past six	months.						
91. The wor	Tying makes it	hard for me to	relax and enjo	. 19				T		1	
(Page 18)	0-4	5-8									
- ' L		J-0	9-12	13 - 16	17-20	Total	(5 it		_		_

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		acks (D				Il true	true	ely true	9	
Instructions. Use checks (answer all of the items.) to indicat	e how you'	ve been fe	eling rece	ntly. Please	0 - Not at all true	- Slightly true	- Moderately true	- Very True	
92. I have sudden attacks of tel93. During the panic attacks I fe	TOP OF Danie th	at come from	out of the 1			0	1	2-	3-	,
 During the panic attacks I fe During the panic attacks I he 	el like I'm ahr	ut to die feie	out of the b	ue.						
94. During the panic attacks I heart, tight muscles, or feeli	ave intense of	wolcal armat	, go crazy, c	or lose contro						-
heart, tight muscles, or feeli	ng short of bri	iyəlcal sympto eath	oms, such as	dizziness, ti	ngling, racing					-
55. The panic attacks become a	healutoh, tomi	feelmen social s								
96. The panic attacks are upset	ing or cause i	moblems in	ii minutes or	less.						-
(Page 19) 0-4 5	-8	proviems in m					1			-
	-0	9-12	13-16	17-20	Tot	al (5 i	oma'	1		_
							,	~ L		
nstructions. Use checks () luring your panic attacks. Ple</th <th>DESCRIPTION OF THE PARTY OF THE</th> <th></th> <th>itellis.</th> <th></th> <th></th> <th>0 - Not at all</th> <th>1-Slightly</th> <th>2 - Moderately</th> <th>3-Very</th> <th>4 - Extremely</th>	DESCRIPTION OF THE PARTY OF THE		itellis.			0 - Not at all	1-Slightly	2 - Moderately	3-Very	4 - Extremely
7. Faint, pass out, or have a stro	ko ko	ic attacks,	I feel like	I'm about	to:		10.			-
8. Have a heart attack or die	MG .					T	T	-	-	
9. Smother or suffocate				30			-	+	+	_
00 0-1										
OU. Grack up. on crazy on long my	r malmal	-				+	+			
OO. Crack up, go crazy, or lose my	mind					1	#	1		
(Page 10)						1	#		1	
or. Lose control		-12 1	3-16	17 – 20	Total	/E in-			I	
(Page 10)	-8 g			17-20	Total	(5 ite	ms) -	>		
(Page 19) 0-4 5-	-8 g				Total	(5 ite	ms) -	•		
(Page 19) 0-4 5-	-8 g	ency of P	anic Att	acks*)		
D2. Instructions. Use a check (Frequi	ency of P		acks*	Several	Once	e a		veral	_ _ _
(Page 19) 0-4 5- 12. Instructions. Use a check (to indicate how many panic attacks you've had in the past	Frequi	ency of P	anic Att	acks*	Several times a		e a	Sertim	es a	
(Page 19) 0-4 5-	Frequi	ency of P	anic Att	acks*	Several	Once	e a	Sertim		

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	1 921	Agora	Away fro phobia ([m Home / Dx18)*	Alone		Il true	true	ely true	0	ely true
				ou've been fe	eling recently.	Please	Not at all true	Slightly true	Moderately true	Very True	Completely true
103. I'm afrai	d of being awa	v from home	alone				0	-	2-	3-	4-
104. I'm afraid	d I'll panic if I'r	n away from h	ome alone								
105. My fear	of being away	from home ale	one is used		(41)						
106. My tear	of being away	from home ale	me is upsetting	to me.							-
106. My fear (of being away	from home ald	ine causes prol	blems in my life	•						
(Page 20)	0-4			HVILLES,							
/	W-11	5-8	9-12	13-16	17-20		al (5 i		-		

	rear	ed Situati	ons*			all		ely		>
Instructions. Use checks (✓) following situations. Please ar	to indi	cate how st	trongly you fe	ear each of the		Not at a	Slightly	Moderately	Very	Extremely
108. Being in a crowd or standing i	n line					0	+	2-	3 -	4-
109. Busy stores, restaurants, thea	ters									
110. Bridges, elevators, parking gal	ages c	himehoo nudi	taskuus at ta							
11. Open places like a field or stre	et	nurches, augi	tomums, stadiui	ns						
12. Trains, buses, subways, cars,	or hoate									
(Page 20) 0-4 5-	-	9-12	-						T	
——————————————————————————————————————		3-12	13 – 16	17 – 20	Tot	al (5 it	eme	1		

Current Episode			3725
13. I've been bothered by fears of being away from home alone during the past month.	No	Maybe	Yes
14. I've been bothered by fears of being in the situations listed above during the past month.			

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Screening for Fears and Phobias (Dx19)* Instructions. Use checks (✓) to indicate whether any of these fears or phobias bother you. Please answer all of the items.	No	Maybe	Yes
Animals: Fear of dogs, rats snakes insects by			
116. Environment: Fear of heights, storms, lightning, water			
117. Situations: Fear of flying, driving, public transportation, closed spaces			
118. Fear of blood, needles, Injury, or gore	FIE		
119. Other phobias: choking, vomiting, loud sounds, etc.			

	Dist	ress fro	m Fear	s and Pi	hobias		true	er	/ true		True
Instructions. L	Jse checks the list yo	s (🗸) to inc ou just con	dicate how	strongly y	ou're bothere	d by any fears	-	Slightly true	Moderately true	Very True	Completely true
120. My fears or	phobias are	upsetting an	id cause prod	Jame Is	er an or the	items.	-0	7	2-1	3-1	4-6
roomennes	ieei ashami	ed of my fear	e of phobias								
(Page 20)	ace my fears	or phobias	it always car	toon late							_
(Page 20)	n	4.0	The second secon	ises intense	anxiety.					1	
		1-3	4-6	7-9	10 - 12	Tota	l (3 i1	ame	1	_	_
		Curren					וו עט וו	GIIIS)	7		_
23. I've heen hot		vurren	t Episod	е		No	M	avbe	T	Vac	

Current Ent.		to itoliioj -2	
Current Episode 123. I've been bothered by fears and phobias in the past month.	No	Maybe	Yes
phobias in the past month.			

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Instructio	ns. Use ch		nyness (D		feeling recent	ly. Please	0 - Not at all true	Slightly true	- Moderately true	3 - Very True	
124. l ofter	n feel shy or a	nxious in social	Loituations				0-0	1	2-	3-	
125. My st	Vness in sock	al cituatione on	ems excessive.								T
126. Myst	Viess seems	irrational or un	enis excessive.								T
127. My sh	yness is upse	tting to me	reasonable.								
128. My sh	VIIESS CAUSES	Drohleme in m	y work, social l								
(Page 21)	0-4	Productio III III	y WOPK, SOCIAL II	A STATE OF THE STA	vities.						r
		5-8	9-12	13 – 16	17 – 20	Total (5 item	IS) -3	•		
		Curi	rent Episode			I No	_		_		
129. I've be	en bothered b	y anxiety or ins	security in socia	al situations due	ing the past mont	No	-	Mayb	e	Ye	S
					mg are past mont	11.					
			pes of So				all tru	ly true	rately	rue	- Note
130. lget n	ervous about l	having to urinat	Shy Blad	der Syndrome		y. Please	0 - Not at all true	1 - Slightly true	2 - Moderately true	3 - Very True	A Comple
130. lget n	ervous about l	having to urinat	Shy Blad te (pee) in a pul	der Syndrome blic restroom.	(Dx21)	y. Please	0 – Not al	1 – Slight	2 - Mode	3 - Very	A_Comple
30. I get n 31. My an 32. I avoid	ervous about l xiety about uri urinating arou	having to urinat nating in a publ und other peopl	Shy Blad te (pee) in a pul lic restroom is u le because of m	der Syndrome blic restroom. upsetting to me. ny anxiety.	(Dx21)	y. Please	0 – Not al	1-Slight	2 - Mode	3-Very	James A
130. lget n	ervous about l	having to urinat	Shy Blad te (pee) in a pul lic restroom is u le because of m 4 – 6	der Syndrome blic restroom. Ipsetting to me. Ty anxiety. 7 – 9	(Dx21)		O – Not al		2	3 – Very	- Inmed
130. I get n 131. My an 32. I avoid (Page 21)	ervous about l xiety about uri urinating arou 0	having to urinat nating in a publ und other peopl 1-3	Shy Blad te (pee) in a pul lic restroom is us le because of m 4 – 6	der Syndrome blic restroom. upsetting to me. ny anxiety. 7 - 9	(Dx21)				2	3 - Very	A Comple
30. I get n 31. My an 32. I avoid (Page 21) 33. I get so	ervous about liviety about urinating arou O nervous about about arous about a	having to urinat nating in a publ and other peopl 1-3 ut tests that I ca	Shy Blad te (pee) in a pul lic restroom is u le because of m 4 - 6 Test	der Syndrome blic restroom. upsetting to me. ny anxiety. 7 - 9	(Dx21)				2	3 - Very	A Comple
130. I get n 131. My anz 32. I avoid (Page 21) 33. I get so 34. I freeze	ervous about l'ixiety about urinating arou O nervous about urinating arou	having to urinat nating in a publ and other peopl 1-3 ut tests that I ca	Shy Blad te (pee) in a pul lic restroom is u le because of m 4 - 6 Test	der Syndrome blic restroom. upsetting to me. ny anxiety. 7 - 9	(Dx21)				2	3 - Very	- Indian
130. I get n 131. My an: 32. I avoid (Page 21) 33. I get so 34. I freeze 35. My test	ervous about l xiety about uri urinating arou 0 nervous abou up whenever anxiety is ups	having to urinat nating in a publ and other peopl 1-3 ut tests that I ca I have to take setting to me.	Shy Blad te (pee) in a pu lic restroom is the because of m 4 - 6 Test an barely study a test.	der Syndrome blic restroom. upsetting to me. ny anxlety. 7 - 9 t Anxiety (Dx2) or concentrate	(Dx21) 10 - 12 2)				2	3 - Very 1	A_Comple
130. I get n 131. My an: 132. I avoid (Page 21) 33. I get so 34. I freeze 35. My test	ervous about l'ixiety about urinating arou O nervous about urinating arou	having to urinat nating in a publ and other peopl 1-3 ut tests that I ca	Shy Blad te (pee) in a pul lic restroom is u le because of m 4 - 6 Test an barely study a test.	der Syndrome blic restroom. upsetting to me. ny anxiety. 7 - 9 t Anxiety (Dx22) or concentrate.	10 - 12 2)	Tota		tems) →	3-Very 7	alama A
130. I get n 131. My an: 132. I avoid (Page 21) 33. I get so 34. I freeze 35. My tes (Page 21)	ervous about liviety about urinating arou onervous about urinating arou onervous about urinating arou onervous about livinating arou onervous about livina	having to urinat nating in a publ and other peopl 1-3 ut tests that I can I have to take setting to me.	Shy Blad te (pee) in a pul lic restroom is u le because of m 4 - 6 Test an barely study a test. 4 - 6 Public Spe	der Syndrome blic restroom. upsetting to me. ny anxiety. 7-9 t Anxiety (Dx22 or concentrate. 7-9	10 - 12 2)	Tota	al (3 i	tems) →	3-Very 7	A_Comple
130. I get n 131. My an: 132. I avoid (Page 21) 33. I get so 34. I freeze 35. My test (Page 21)	ervous about liviety about urinating arou O nervous arou arou arou arou arou arou arou arou	having to urinat nating in a published the people of the people of the people of the people of a group of a group of people of a group of a	Shy Blad te (pee) in a pul lic restroom is u le because of m 4 - 6 Test an barely study a test. 4 - 6 Public Spe	der Syndrome blic restroom. upsetting to me. ny anxiety. 7 - 9 t Anxiety (Dx22 or concentrate. 7 - 9 eaking Anxiety	10 - 12 2)	Tota	al (3 i	tems) →	3-Very 7	Samula Pamala
130. I get n 131. My an: 132. I avoid (Page 21) 133. I get so 34. I freeze 35. My test (Page 21) 36. Giving 1	ervous about likely about urinating arou o nervous about urinating arou o nervous about up whenever t anxiety is ups o a talk in front o id I'd look anx	having to urinat nating in a publund other peoplement of the people of	Shy Blad te (pee) in a pul lic restroom is a le because of m 4 - 6 Test an barely study a test. 4 - 6 Public Spe	der Syndrome blic restroom. upsetting to me. ny anxiety. 7 - 9 t Anxiety (Dx22 or concentrate. 7 - 9 eaking Anxiety	10 - 12 2)	Tota	al (3 i	tems) →	3-Very 7	
130. I get n 131. My anz 132. I avoid (Page 21) 33. I get so 34. I freeze 35. My test (Page 21) 36. Giving 1 37. I'm afra 38. I don't I	ervous about likety about urinating arous about urinating arous about urinating arous about urinating arous about urinating anxiety is upsubaltically in front of id I'd look anxieke having to g	having to urinat nating in a publund other peoplement of the people of the	Shy Blad te (pee) in a pul lic restroom is a le because of m 4 - 6 Test an barely study a test. 4 - 6 Public Spe cople would ma if I had to give a blic.	der Syndrome blic restroom. upsetting to me. ny anxlety. 7 - 9 t Anxiety (Dx22 or concentrate. 7 - 9 eaking Anxiety ke me feel nervalatalk in front of	10 - 12 2)	Tota	al (3 i	tems) →	3-Very 7	A Complete territory
130. I get n 131. My anz 132. I avoid (Page 21) 33. I get so 34. I freeze 35. My test (Page 21) 36. Giving 1 37. I'm afra 38. I don't I	ervous about likely about urinating arou o nervous about urinating arou o nervous about up whenever t anxiety is ups o a talk in front o id I'd look anx	having to urinat nating in a publund other peoplement of the people of	Shy Blad te (pee) in a pul lic restroom is a le because of m 4-6 Test an barely study a test. 4-6 Public Specople would ma if I had to give a blic. 4-6	der Syndrome blic restroom. upsetting to me. ny anxiety. 7 - 9 t Anxiety (Dx2) or concentrate. 7 - 9 eaking Anxiety ke me feel nerv a talk in front of	10 - 12 2) 	Tota	al (3 i	tems	 	3-Very 7	A_Committee
30. I get n 31. My an: 32. I avoid (Page 21) 33. I get so 34. I freeze 35. My test (Page 21) 36. Giving: 37. I'm afra 38. I don't I (Page 21)	ervous about likety about urinating arous about urinating arous about urinating arous about urinating arous about up whenever anxiety is upsuble to did I'd look anxiety is of the baving to good to be a source of the baving to good the baving the baving to good the baving the baving the baving the	having to urinat nating in a publund other peoplement of the people of the peopl	Shy Blad te (pee) in a pul lic restroom is a le because of m 4-6 Test an barely study a test. 4-6 Public Specople would ma if I had to give a olic. 4-6 Performa	der Syndrome blic restroom. upsetting to me. ny anxiety. 7 - 9 t Anxiety (Dx2) or concentrate. 7 - 9 eaking Anxiety ke me feel nerve a talk in front of	10 - 12 2) 	Tota	al (3 i	tems	 	3-Very 7	
30. I get n 31. My an: 32. I avoid (Page 21) 33. I get so 34. I freeze 35. My test (Page 21) 36. Giving: 37. I'm afra 38. I don't I (Page 21)	ervous about viicity about urinating arou o nervous about urinating arou o nervous about o up whenever a axiety is ups o a talk in front of it'd look anx ik'e having to g	having to urinat nating in a publund other peoplement of the peoplement of the setting to me. 1-3 of a group of perious or foolish in the public talks in public or a undience were not to the people of the peopl	Shy Blad te (pee) in a pul lic restroom is a le because of m 4-6 Test an barely study a test. 4-6 Public Spe cople would ma if I had to give a blic. 4-6 Performa	der Syndrome blic restroom. upsetting to me. ny anxiety. 7 - 9 t Anxiety (Dx2) or concentrate. 7 - 9 eaking Anxiety ke me feel nerv a talk in front of	10 - 12 2) 	Tota	al (3 i	tems	 	3-Very 7	A Committee
130. I get n 131. My anz 132. I avoid (Page 21) 133. I get so 34. I freeze 35. My test (Page 21) 36. Giving and a freeze 37. I'm afreeze 38. I don't I (Page 21) 39. Perform 40. Being o	ervous about liviety about urinating arou Onervous about urinating arou onervous about urinating arou onervous about urinating arou out up whenever I anxiety is upset to go onervous about out up whenever out anxiety is upset to go onervous about it anxiety is upset to go onervous about out up whenever	having to urinat nating in a published other people 1-3 ut tests that I can be to take setting to me. 1-3 of a group of perious or foolish in jive talks in published with the setting to me. 1-3	Shy Blad te (pee) in a pul lic restroom is u le because of m 4-6 Test an barely study a test. 4-6 Public Special would ma if I had to give a blic. 4-6 Performa ould make me person	der Syndrome blic restroom. upsetting to me. ny anxiety. 7 - 9 t Anxiety (Dx2: or concentrate. 7 - 9 eaking Anxiety ke me feel nerv a talk in front of 7 - 9 unce Anxiety (E	10 - 12 2)	Tota	al (3 i	tems	 	3-Very 7	A Commission
130. I get n 131. My anz 132. I avoid (Page 21) 133. I get so 34. I freeze 35. My test (Page 21) 36. Giving and a freeze 37. I'm afreeze 38. I don't I (Page 21) 39. Perform 40. Being o	ervous about liviety about urinating arou Onervous about urinating arou onervous about urinating arou onervous about urinating arou out up whenever I anxiety is upset to go onervous about out up whenever out anxiety is upset to go onervous about it anxiety is upset to go onervous about out up whenever	having to urinat nating in a published other people 1-3 ut tests that I can be to take setting to me. 1-3 of a group of perious or foolish in jive talks in published with the setting to me. 1-3	Shy Blad te (pee) in a pul lic restroom is a le because of m 4-6 Test an barely study a test. 4-6 Public Spe cople would ma if I had to give a blic. 4-6 Performa	der Syndrome blic restroom. upsetting to me. ny anxiety. 7 - 9 t Anxiety (Dx2: or concentrate. 7 - 9 eaking Anxiety ke me feel nerv a talk in front of 7 - 9 unce Anxiety (E	10 - 12 2)	Tota	al (3 i	tems	 	3-Very 7	A Comme

Part 6. Obsessions and Compulsions

Obsessions and Compulsions (OCD, Dx26)*

Instructions answer both	. Use chec i items.		ssive Tho	ughts	reling recently.		Not at all true	Slightly true	Moderately true	Very True	Completely true
142. Upsetting	or disturbin	g thoughts go th	Pough my hear	1 Over and over			0	1	2-1	3-1	4-0
- 3	et these upse	etting thoughts,	can't seem to	ionore them on	again. get rid of them.						
(Page 22)	0	1-2	3-4	5-6	0000 MAG						
1-	Otau atia				7-8	Tota	al (2 it	ems	*		

urine, reces, or semen	g obsessive concerns that have worried you recently. 145. blurting out something embarrassing or obscene
146. causing a terrible event, like a fire, a terrible	paolio
mires, or all accident	147. fears that harm may come to others if I don't
148. things that are messy or not in a certain order	portorni certaini fituais
150. confessing to a crime that I haven't committed	149. losing control and harming others
152 other characteristic trial i naven't committed	151. forbidden or perverse sexual thoughts
152. other obsessive thoughts (describe)	, pervense sexual inoughts

		Com	pulsive Ri	tuals			Not at all true	true	Moderately true	0	Completely true
Instructions	. Use chec	cks (√) to ind	icate how vo	u've been fo	eling recently		tatal	Slightly true	derate	Very True	nnlete
153. I feel a p	owerful urge	to perform cents	in nituala wha			. Please	0 - No	1-Silg	2-Mo	3-Ver	4-Cor
153. I feel a p	owerful urge	s. to perform certa errible will happ	in nituala wha			. Please	1	1-Slig	1	1	1

155. rituals when I groom myself or clean the house	ving compulsive rituals that you've engaged in recently. 156. counting things
137. doing things in a particular order	
159. arranging things in a certain way	158. praying or repeating words silently
161. repeating certain actions over and	160. washing my hands repeatedly
checking to make sure that the doors are locked	162. hoarding things like old newspapers or other
163. other rituals (describe)	objects of other

Time Spent on Obsessive Thoughts and Compulsive Rituals

164	00	No time	5 minutes or less	5-10 minutes	10 - 30 minutes	30 - 60 minutes	1-2 hours	3-5 hours	more than 5
	On average, how much time do you spend each day having obsessive thoughts?						nouro.	nours	hours
165.	On average, how much time do you spend each day doing compulsive rituals?								

166. My obse167. My obse168. My obse	Jse checks (v r all of the ite ssions or con ssions or con	to indicate hems. The pulsions cause the puls	e neobleme in w	out your obsess ny life.	ulsions sions or compulsio	ns.	0-Not at all true	1 - Slightly true	2 - Moderately true	3 – Very True	4 - Completely true
(Page 22)	0	1-3	4-6	7-9	10 - 12			-			

Current Episode 169. I've been bothered by obsessive thoughts during the past month.	No	Maybe	Yes
70. I've engaged in compulsive rituals during the past month.			

			Your App				Not at all true	y true	Moderately true	rue	Completely true
					eeling recently.	Please	0 - Not at	1 - Slightly true	2 - Moder	- Very True	1
171. I feel like	mere's some	ething abnorma	l or grotesque a	bout my appe	arance.				-	3	4
	sopie told me	that they could	dn't see anythin	g wrong with h	arance. Iow I look, I wouldn	't helieve		-	-	-	_
them.						. acument		1			
them.	et or embarra	issed about m	physical								
them. 173. I feel ups (Page 24)	et or embarra	ssed about my	physical appea	arance.	The Completion		-	-	-	-	

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Part 7. Stressful or Traumatic Events (Dx28 – Dx30)

36	istructions. Please list any traumatic or stressful events that have caused emotional problems for Du, and indicate how old you were when each event occurred. Even though it may be upsetting, ake sure you include any horrifying events, such as rape, abuse, death, violence, torture, or prious illness or injury.	whe	your ag en each event epened
1			
2.			
3.			
4.			
5.			
•			
). 			
	Notes		
	Distress from Stressful Events Adjustment Disorder (Dx28)* ons. Use checks (*) to indicate how you've been feeling recently. Please It of the items.	- Moderately true	- Completely true
		dera	De la
structio swer al	I of the items.	0 5	e e
4. I've fe	Ill down and depressed even since one of the	2 - Moderate 3 - Verv True	4 - Com
4. I've fe	Ins. Use checks (*) to indicate how you've been feeling recently. Please of the items. If down and depressed ever since one of the upsetting events described above. Been feeling distressed and upset about the stressful event described above.	2 - Moc	4 - Com

		1000								
Instructions	Post-Traus s. Use checks numatic event of the items.	. / () 4- 1-					0 - Not at all true	- Slightly true	1	- Very True
176 lb/o ave			Exposu	ire to a Trau	matic Even				2	3
injury, to	rture, or a threat	essed a terri to my life o	ible, horrific t	raumatic eve	ent such as re	ape, murder, serious	T	I	T	7
I ve lear	ieu mat a traum	atic or viole	nt avant ann		se friend or f	amily member	+		-	-
178. I've been responde	repeatedly exp or to a hombing	osed to a tr	aumatic or vi	iolent event.	(For example	. I was a first	+	+	+	-
(Page 26)	er to a bombing,		- Trootigun	thany north	ble cases of	child abuse.)				
		1-3	4-6	7-9	10 - 12	T	otal (2 i	tems	1	_
179 Uppotting			Persisten	nt Memories	of the Even		•		L	
179. Upseuing	memories of the	e traumatic	event come	into my mind	over and ov	er.	TT	_	_	_
I HEAR UP	s emseru unusos	though the up	andtine			an cor	++	4	_	1
82 Last upon	es have flashba	cks and fee	l like the eve	int is happen	ing again.		++	-	-	-
0	T OFFICE OF T WILL	ik about the	event or wh	enever I'm r	eminded of it		++	+	+	+
(Page 26)	0-3	4-6	7-9	10 - 13	14-16		tal (A ita		+	_
				Avoidance	100		tal (4 ite	ms)	7	
83. I try to avo	id upsetting tho	ughts, feelir	igs, or memo			nt .				
	id people, place	s, objects, o	conversations	s, or situation	as that remin	nt. d me of the event.		_		
(Page 26)	0	1-2	3-4	5-6	7-8				_	
			Loss	of Interest i		Tot	al (4 ite	ms) =	> _	
85. I've lost int	erest in life.				III LITE	- Aller			No.	9:14:17
86. I often feel	Isolated or alien	ated from o	thes people					F	T	T
or. Theel Humb	and unable to e	XDerience L	ove pleasure.	a or hanning						
38. I often feel	like I have no fu	ture.	oro, picasure	e, or nappine	SS.					T
(Page 26)	0-3	4-6	7-9	10 - 13	44 40 1					
	V				14 – 16	Tota	l (4 iten	ns) 🗗	•	
		Dui	ration of PT	SD			Years	s	Mon	ths
39. How long h	ave you experie	nced these	kinds of sym	ptoms? If un	ISLIFE illet me					
39. How long h guess.	ave you experie	nced these	kinds of sym	ptoms? If un	isure, just ma	ike your best				
39. How long h guess. 90. Have you be symptoms d		Current	Fnisodo				Mayb		Yes	

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Part 8. Somatic Concerns

			s (✓) to ir lth. Pleas	Committee of the Commit	ether you	've had	any of the	ofollowing	0 - Not at all true	- Slightly true	- Moderately true	- Very True	
191. ofte	worry tha	t I have	a serious n	nedical mob	lom on dias				- 6	+	2-	3-	,
194. I WOU	y about ac	nes, pai	ins, fatique	dizzinace a	aning boom	of other	evmntone						
	orries abou	t my he	alth are up:	setting to me	,	or outer s	ympiums.						
(Page 28)	0		1-3	4-6		-9	10 - 12	Tota	(3 item	Z-10	-		
194. Pleas	e circle t	he nur	nber that	Curre shows ho	ent Pair w much p	n (Dx3	32)* pain you f	eel RIGHT		-			
None	· ←.	2 A little	3 pain →	4	5 Moderate	6	7	8	9	,	1 Wo	l O rst	
0 None	1	2	pain →	4	w severe : 5 Moderate	6	7	Intense position is RIGHT 8 Intense p	9	_	10 Wor		
(Page 2	8) 0		1-5	6-12	13 – 17	18	-20		(2 items	s) →		7	
96. Please 0 None	- A	2 Little p	3 pain →	nows how 4 ← N	5 Moderate	lysical p	ain you've 7	experience 8	9		10		
						pairi ->	+		-1		Wors	st	
	circle the	e num	ber that s	hows how	Severe W	our phie		Intense pa	aın →	1	AAOIS		
	1	2	ber that s 3 pain →	4	5	our phys	sical pain 7	has been I	RECEN		10		
97. Please	← A	2	3	4	severe your 5	our phys	sical pain 7 ←	has been I 8 Intense pa	RECEN	,			
97. Please 0 None (Page 28	← A 0 En Use che er all of	motic	onal Im /) to indicems.	4 ← N 6-12 pact of	5 loderate p 13-17 Pain (C	our physical output of the pain → 18 - 18 - 18 - 18 - 18 - 18 - 18 - 18	sical pain 7 ← 20	has been I 8 Intense pa Total (RECEN 9 in →	→ [10 Wors	-Completely true	
97. Please 0 None (Page 28	← A 0 En Use che er all of	motic	onal Im /) to indicems.	4 ← N 6-12 pact of	5 loderate p 13-17 Pain (C	our physical output of the pain → 18 - 18 - 18 - 18 - 18 - 18 - 18 - 18	sical pain 7 ← 20	has been I 8 Intense pa Total (RECEN 9 in → 2 items)	→ [10 Wors	it	
97. Please 0 None (Page 28	← A 0 En Use che er all of	motion the ites sing a gentlement of	onal Im () to indicems.	4 ← N 6-12 pact of	5 loderate p 13-17 Pain (C	our physical out of the pain → 18 - 18 - 18 - 18 - 18 - 18 - 18 - 18	sical pain 7 ← 20	has been I 8 Intense pa Total (0 - Not at all true or in a significant or in	2 – Moderately true	10 Wors	-Completely true	

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Part 9. Habits and Addictions

			g Screeni	ng*	0 — No	1-	2-
200 . Do you	have strong u	rges to gamble	2			Maybe	Yes
201. Have yo	ou ever felt tha	t excessive ga	mbling was a pi	roblem for you?			
	0	1	2-3	4-5		(2 items)->	

Instruc	ctions	. Use chec	eks (~) to in-	Problem				Not at all true	Slightly true	Moderately true	Very True	Completely true
		Please at		the items.	curately ea	ch statement de	scribes	0-Not	1-Slig	2-Mod	3 - Very	1
203 15	to tried	cabien with 6	jambling.			And the second					-	7
-00. 17	ve ineu i	IIISUCCESSIU	lly to stop or cu	it down.				\vdash	-	_		_
204. G	ambling	is a way of a	escaping from	my personal pro	blems or copi	ng with feelings of					-	
(Page		0		1 4 0								
Targette Total		o O	1-3	4-6	7-9	10 - 12	Tot	al (3 i	tems)->		

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Alcohol and Drug Use

			l Screening	g*	0 No	1 Maybe	2 Probably	3
205. Have you	ever used a	Icohol excessi	lvelv2			mayor	Probably	Definitely
206. Have you	ever felt tha	it you might he	No o problem	W1 1 10				
207. Has anyo	ne ever succ	dested you mid	the a problem w	ith alcohol? em with alcohol?				
(Page 31)	n	Jacob Jou III		em with Siconols				
r. ago a ij	U		2-3	4-6	7-9	Total	(3 items)→	

			Screening*		0 No	1 Maybe	2	3
208. Have you	ever used d	rugs excessiv	elv?		-	mayue	Probably	Definitely
209. Have you	ever felt tha	t vou minht ha	We a problem w	eb de0				
210. Has anyo	ne ever sugg	jested you mi	ht have a probl	em with drugs?				
(Page 31)	0	1	2-3	4-6	7-9		(3 items)→	

			hol and D	A CONTRACTOR OF THE PARTY OF TH	0 No	1 Maybe	2 Probably	3 Definitely
211. Do you	u feel that you r	night have use	d too much alco	ohol recently?		mayou	Trobably	Deminiery
212. Do you	ı feel that you r	might have take	en too many dru	IOS recently?		-		
	0	1	2-3	4-5	6	T-4	al (2 items)	

		Cravings	and Urge	s to Use*			true	ue	/ true		/ true
Instructions you have be items.	s. Use chec en feeling i	ks (√) to ind i the past w	licate how m eek, includin	uch each sta g today. Ple a	tement descr use answer a	ibes how	· Not at all t	Slightly true	Moderately	Very True	Completely true
213. Sometin	nes I crave dru	igs or alcohol					9	+	2	60	4-
214. Sometim	es I have the	Illina to Hea din	IGO OF alcohol								
215. Sometim	es I really wa	nt to use dauge	or alcohol								
216. Sometim	As it's hand to	notice the una	or alconol.								
217. Sometim	es I have to s	resist the urge	temptation to	r alcohol.							
(Page 31)	0-4	5-8			The second second						
L		0-0	9-12	13 – 16	17-20	Total (5	item	s)-		-	

Alcohol Consumption in the Past Week*

Instructions. Use a check () to indicate how often you've used alcohol during the past week. If unsure, take your best guess. 218. Beer, wine, or hard liquor	0 days	1 day	2 days		days	4 da		5 day	-	Ever	Several times a day
219 Upo p short (p)	0 drinks	1 drink	1 'J Million	ks	3 dri	nks		or 5 nks	200	- 10	More than
219. Use a check (✓) to indicate the most alcohol you consumed in a single day during the past week.							uii	IIAS	ar	inks	10 drinks

Note: One drink = 12 ounces of beer; 4 - 5 ounces of wine; or 1.25 ounces of liquor. One cocktail could = 2 of 3 drinks, or more, depending on how much alcohol you put in it.

Alcohol Consumption in the Past Year*

Instructions. Think of the time when you were drinking the most during the past year. At that time, how often were you drinking alcohol? If unsure, take your best guess.	1	1 day	2 days	3 days	4 days	5 - day	500 D	Every	times a
220. Beer, wine, or hard liquor									day
204 Handa Land	0 drinks	1 drink or less	1 / Arin	s 3 drii	IRX I	or 5	6 -		More than

221 lies a shock / () and the	0 drinks	1 drink or less	2 drinks	3 drinks	4 or 5 drinks	6 - 10 drinks	More than
221. Use a check (✓) to indicate the most alcohol you consumed in a single day during the past year.						UIIINO	TO UTTIKS

Note: One drink = 12 ounces of beer; 4 - 5 ounces of wine; or 1.25 ounces of liquor. One cocktail could = 2 or 3 drinks, or more, depending on how much alcohol you put in it.

Lifetime Alcohol Consumption*

Instructions. Think of the time when you were drinking the most during your life. At that time, how often were you drinking alcohol? If unsure, take your best guess.	1 day	2 days	3 days	4 days	5-6 days	Every	Several times a
222. Beer, wine, or hard liquor							day

223.	Use a check (✓) to indicate the most	0 drinks	1 drink or less	2 drinks	3 drinks	4 or 5 drinks	6-10 drinks	More than
	alcohol you consumed in a single day during your life.							To di mito

Note: One drink = 12 ounces of beer; 4-5 ounces of wine; or 1.25 ounces of liquor. One cocktail could = 2 or 3 drinks, or more, depending on how much alcohol you put in it.

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Problems from Alcohol Use (Dx34 – 35)*	Not at all true	Slightly true	Moderately true	rue	Completely true
Instructions. Use checks (✓) to indicate whether you've had the following kinds of problems because of alcohol. Please answer all of the items.	ot at	ight	oder	Very True	2
problems because of alcohol. Please answer all of the items.	111	- 5	S	- 46	5
224. Have you experienced strong cravings to drink alcohol?	0	-	2	က	4
Trave you ever spent a great deal of time union aleaters		_			
Thave you had to take more and more alcoholing and more alcoholing and more and more alcoholing and more and more and more alcoholing and more and					
To voi deeli ilalu lo cili nown of stop deinking			T	T	
-20. Have you ever had problems at home, at school, or of weet he				T	
29. Did you ever have problems in your relationships with others because of alcohol? 30. Have you ever had blackouts or forgotten what were drinking?					_
30. Have you ever had blackouts or formatten what was all others because you were drinking?		1	1	1	
30. Have you ever had blackouts or forgotten what you did when you were high on alcohol? 31. Have you sometimes used alcohol in physically decided.			\forall	+	
31. Have you sometimes used alcohol in physically dangerous situations, such a driving? 32. Have you ever gotten depressed or violent when you were using alcohol?			+	+	_
33. Did you ever experience withdrawel over the wind you were using alcohol?		1	+	+	
33. Did you ever experience withdrawal symptoms when you tried to stop drinking?		+	+	+	- 10
34. Have you ever continued to drink even though the alcohol was causing emotional problems, health problems, legal problems, relationship problems, or other problems?		+	+	+	
(Page 31) 0 1 2 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1					
(rage 31) 0 1-3 4-10 11-25 26-44 Total	/1D ite	mal.	1		-

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Drug Use during the Past Week*

	r best guess. Indicate any us	0 days	1 day	2 days	3 days	4 days	5-6 days	Every	Several times a
235.	. Marijuana or hashish						uays	day	day
236.	Cocaine or crack	12.2							
237.	Speed (ice, crank, crystal, amphetamines, meth, uppers)								
238.	Diet pills or other stimulants								
239.	Downers (valium, reds, sedatives, sleeping pills)								
240.									
241.	Hallucinogens (acid, LSD, mushrooms, PCP)								
242.	Glue, spray paint, inhalants								
243.	Other drugs (ecstasy, PCP, designer drugs)								

Lifetime Drug Use*

	Type of Drug	Never	Less than once a month	Once a month	Several times a month	Once a week	Several times a week	Once a day	Several times a
244.	Marijuana or hashish						WEEK		day
245.	Cocaine or crack								and the second
246.	Speed (ice, crank, crystal, amphetamines, meth, uppers)								
247.	Diet pills or other stimulants								
	Downers (vallum, reds, sedatives, sleeping pills)								
249.	The state of the s								
250.	Hallucinogens (acid, LSD, mushrooms)								
251.	Glue, spray paint, inhalants								
	Other drugs (ecstasy, PCP, designer drugs)								

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Problem from Drug Use (Dx36 – DX37)* Instructions. Use checks (✓) to indicate whether you've had the following kinds of problems because of drugs. Please answer all of the items.	Not at all true	Slightly true	Moderately true	Very True	Completely true
253. Have you experienced strong cravings to use drugs?	-0	+	2-	3-	4-(
254. Have you ever spent a great deal of time using drugs?					21:
55. Have you had to take more and more drugs in order to get high?					
256. Has it ever been hard to cut down or stop using drugs?			-	-	
57. Have you ever had problems at his stop using drugs?				-	
57. Have you ever had problems at home, at school, or at work because of drugs?		-	-	-	
The state of the s	-	-	-	-	
	-		_		
The sound upon the sound the sound of the so	\perp				
				T	
The state of the s		T			
Have you ever continued to use drugs even though they were causing emotional problems, health problems, legal problems, relationship problems, or other problems?	-	-	1		7
(Page 31) 0 1-3 4 10					
	(10 ite	ems)	3		

Part 10. Eating Problems

Screening for Eating Disorders (Dx38 – Dx42)	No	Maybe	
264. Has anyone ever suggested that you had an eating disorder?		Maybe	Yes
265. Have you ever thought that you had an eating disorder?	national section in the section is a section in the		

266. How tall are you?	Feet	Inches	
267. How much do you weigh? (Actual Weight)		Inches	
igity			Pounds

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											0
200 11			ating Sc	reening	9			No	M	aybe	Y
268. Have you e	ver had a pr	oblem with or	vereating?		W 10 10 10 10 10 10 10 10 10 10 10 10 10				+		
269. Have you e	ver had a pr	oblem with bi	inge eating?						+		+
Instructions. U	Jse checks nents. Ple	· (4) 4= 1:- 4	Eating icate how ar all of th			th each of	the	0 - Not at all true	- Slightly true	2 - Moderately true	3 - Very True
								0	+	2	65
270. Sometime	s it's hard	to regist th	O uran to	Urges to B	inge						
271. Sometime	s I struggi	e with the t	e urge to	overeat.							
(Page 33)	0	1-2	3-4		-						
				5-6	7-8	J	Tota	al (2 i	tems)	*	
272. I can't see	m to contr	ol how mu	ob Look	oss of Cor	itrol						
73. Once I sta	rt, can't s	eem to eto	on real.								
((Page 33)	0	1-2	3-4	5-6	1						
					7-8	J	Tota	l (2 it	ems)	→ [
74. I often feel	Quilty whe	en Leat ton	CINULI	onal Conse	quences						
75. I often feel	disgusted	with myss	mucn.								
(Page 33)	0	1-2	3-4	Charles and the Control of the Contr							
			3-4	5-6	7-8		Total	(2 it	ems) ·	*	
		Freque	ncy of B	inging a	ind Over	eating*					
nstructions. Us /) to indicate he ou engage in ea ctivity.	ow often ach	Never	Less than once a month	Once a month	Several times a month	Once a week	Twice a week or more	100000	ice a lay	tin	veral nes a day
76. Binging	•			-				-	(C)	-	10151
77. Overeating										_	

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Instructions.	Use checks (∧ to local	(Dx39 -		gree with	each of t	he	- Not at all true	- Slightly true	2 - Moderately true	- Very True
200 0			Pu	rging (Dx50))					121	60
278. I sometime	es vomit after I ea	it so that I v	ton't gain woi	y h t			_	_	_		
275. I Sometime	es binge and then	vomit so I	won't gain we	ight.		-		+	-		
(Page 33)	0	1-2	3-4	5-6	7-8		-	Total (
282. I restrict ca 283. I exercise a (Page 33)	great deal to av	old gaining 4-6	weight. 7 - 9	0-13	14-16		T	otal (4			
284. I sometime	s take diet pills or	stimulants	to reduce my	cravings for	food.			INO	IVIE	ybe	Yes
				equency							Carlo Carlo
nstructions. Use adicate how often ctivity to avoid ga	you engage in ea ining welght.		er Under once a month	Once a month	Several times a month	Once a week	wee		Once day		Severa
85. Taking diet	pills or stimulants				onta		mo	re		3	day
				 							
ob. Vomiting att											
	as										
87. Using enem	as /es or diuretics									\perp	
87. Using enem 88. Using laxati	es or diuretics									-	
86. Vomiting aft87. Using enem88. Using laxation89. Skipping me90. Restricting c	es or diuretics	ng									

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			Ano	rexia Sc	reening	(Dx41)		No		Mayb		Yes
292.	Was	there eve	r a time in you	ur life when yo	ou were very	thin or weighed mu	ch less than people		-	,	+	. 65
293.	Was	here eve	r a time when ought you sho	neonle told u	ou that you v	vere too thin or weiç	thed much less		+		+	
			0 700 0110	MU!					1		L	
Instru	uction	ns. Use	checks (√)	to indicate	how muc		each of the	- Not at all true	- Slightly true	Moderately true	Very True	-Completely true
7				anonor an	or the ite	ms.			1	1	1	9
					or the ite	ms. aining Weight		0	1	2-	3-1	4-0
294.	l have	intense te	ears of gaining	g weight	Fears of G	aining Weight			1	1	1	4-0
294. I	l have	intense te	ears of gaining	g weight.	Fears of G	aining Weight			1	1	1	4-0
294. 295. 296.	l have I'm afra	intense te	ears of gaining ping up and lo I gained even	g weight.	Fears of G	aining Weight			-	1	1	4-0
294. I	l have I'm afra	intense te	ears of gaining	g weight.	Fears of G	aining Weight	control.			2-	1	4-0
294. 295. 296.	l have I'm afra	intense te	ears of gaining ping up and lo I gained even	g weight. Osing control o a little weigh	Fears of G of my eating. t, my eating t 7 – 9	vould spiral out of c	control.			2-	1	4-0
294. 295. 296. Page 3	l have I'm afra I'm afra 34)	intense to aid of slip aid that if O	ears of gaining ping up and lo I gained even 1-3	g weight. esing control of a little weight $4-6$	Fears of G of my eating. t, my eating t 7 – 9	aining Weight Would spiral out of c	control.			2-	1	4-0
294. 295. 296. Page 3	I have I'm air	intense for aid of slip aid that if 0	ears of gaining ping up and lo I gained even 1-3 nat I need to g	g weight. ssing control (a little weight) 4-6	Fears of G of my eating. t, my eating t 7 – 9	vould spiral out of c	control.			2-	1	4-0
294. 295. 296. Page 3	I have I'm afra	intense for aid of slip aid that if 0	ears of gaining ping up and lo I gained even 1-3	g weight. ssing control (a little weight) 4-6	Fears of G of my eating. t, my eating t 7 – 9	vould spiral out of c	control.		items	5-	1	4-0

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Part 11. Other Symptoms

		Dissoc	iative E	xperienc	es (Dx43)*	I true	frue	ely true		la terro
Instruction following	ons. Use statemen	checks (v	∕) to indica answer a	ate how muci	h you agree	with each of the	0 - Not at all true	- Slightly true	- Moderately true	- Very True	- Completely true
299 . Isor	netimes for	get where I'v	ve been for k	ong periods of t	imo		0	-	2-	65	4-
300. Som	etimes peo	ple tell me th	nat they've e	een me doing ti	mig.						
(Page36)	0	1-2	3-4			not recall.					
			3-4	5-6	7-8	Total (2 item	s) ->				
		Unus	ual Exp	eriences	(Dx44)*					-1	
							9		rue		T.
							=	12	ल	0	e S
nstructio	ns. Use c	hecks (4)) to indicat				at a	重	era	E	plet
ollowing s	tatements	s. Please	answer al	e how much	you agree v	with each of the	0 - Not at all true	- Slightly true	2 - Moderately true	- Very True	- Completely true
104 11 5				Special E	xperiences		- 9		2	63	4
101. I belie	ve that peo	ple are trying	g to control r	ne with electric	ity, radio waye	s, or other forces.		_	_		
		3 opoolul Int	essages fron	n the radio or T	V.	o, or other forces.		-	+	+	
D	0	1-2	3-4	5-6	7-8	Total (2 items			-		
Page 37)						. our fr itolito			L		- 23
rage 37)				Feelings (of Mistrust		1/200				_
O3. Ibelie	ve that peop	ole are sayin	g bad things	ahout me	of Mistrust						
03. I believ	ve people w	ole are sayin ant to harm	ng bad things me or take a	ahout me				1	1	1	
03. I believ	ve that peop ve people w	ole are sayin rant to harm 1 - 2	ng bad things me or take a 3 – 4	Feelings of about me. advantage of m	е.	Total (2 Home)			1	I	
03. I believ	o opie w	ant to harm 1 - 2	me or take a	about me. advantage of m	e. 7-8	Total (2 items)			1	1	
03. Ibeliev 04. Ibeliev Page 37)	0 times feel III	1 - 2 ke I have so	me or take a	about me. advantage of m	e. 7-8	Total (2 items)		1	ł		
03. Ibeliev 04. Ibeliev Page 37)	0 times feel III	ant to harm 1 - 2	me or take a	about me. advantage of m	e. 7-8	Total (2 items)			 	<u> </u>	

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Personality Disorders

Cluster A

answer	ions. Use e felt or be all of the i	chacks (A		eelings how much	(Dx45)* n each statemen our teenage ye	t describes how ars. Please	0 - Not at all tain	TO at all line	- Slightly true	- Moderately true	- Very True
307. I of	ften doubt	the loyalty	of friends				1				3-8
308. Ide	on't often o	confide in n	eonle hass	or associate	es. nay turn against i		1	+	+		-
309. Ido	on't want p	eople to fin	d out too	use they m	ay turn against	me.		+	十	+	+
info	rmation a	gainst me.	a out too H	luch about	me because the	y might use the		1	+	1	
310. of	ten feel like	e people ar	e threateni	na ! !							
	netimes f	feel like per	pple are ou	t to get me	ang me.						T
(Page 40)	0-4	5-8	9-12	13 - 16							
			3 12	13-16	17 – 20	To	tal (5	iter	ns) •	*	
12. I dor 13. Ther 14. I pre	it get much e's almost fer to do th	ems. ch satisfacti t no one I re nings alone	on from rel	otionab's	each statement ur teenage yea with other peopl	rs. Please	0-Not at all true	1 - Slightly true	2 - Moderately true	3 - Verv Trile	4 - Completely turn
15. Tusu	ally keep t	to myself.					-		_	_	
io. Tusu		to be alone	9,							_	
	0-4	5-8	9-12	13-16	17 – 20	Tota	l (5 i	tems	s) →	E	
age 40)											
struction	ns. Use che lit or behav of the iter	poke (/) to		ow much ex	x47)* ach statement der teenage years	escribes how	- Not at all true	- Slightly true	- Moderal	- Very Tri	- Completely true
struction u have fe swer all	of the iter	ecks (*) to ved most o ms.	indicate he of your life Su	ow much ea	ach statement de r teenage years	escribes how	1	Slightly	2 - Moderately true	3 - Very True	4 - Completely true
struction u have fe swer all	of the iter	ecks (*) to ved most o ms.	indicate he f your life	ow much ea since you pernatural E	ach statement de r teenage years	escribes how	- Not at all true	Slightly	- Modera	- Very Tri	-Complet
struction u have fe swer all 7. I've had 8. Sometii	of the iter d experiences mes I feel like	ecks (*) to ved most o ms.	indicate ho f your life Su supernatura	ow much ea since you pernatural E	ach statement de r teenage years experiences	escribes how 6. Please	- Not at all true	Slightly	- Modera	- Very Tri	-Complet
struction u have fe swer all 7. I've had 8. Sometii	of the iter d experiences mes I feel like	ecks (*) to ved most o ms.	indicate ho f your life Su supernatura	ow much ea since you pernatural E	ach statement de r teenage years	escribes how 6. Please	- Not at all true	Slightly	- Modera	- Very Tri	-Complet

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324. I've done many things I could be arrested for if I got caught. 325. I often do wild or reckless things on the spur of the moment.

5-8

(Page 41)

0-4

326. I've often done risky things, like driving recklessly when intoxicated. 327. I often do things without worrying about harmful consequences.

Unique Experiences (Dx47)* 2 - Moderately true 0 - Not at all true - Slightly true (cont'd) - Very True Social Discomfort 320. My interactions with others often feel awkward. 321. I usually feel anxious or uncomfortable when I'm around other people. 322. I usually don't fit in with groups of other people. (Page 40) 0-2 3-5 6-7 8-10 11-12 Total (3 items) → Cluster B Wild Tendencies (Dx48)* 2 - Moderately true 4 - Completely true 0 - Not at all true 1 - Slightly true Instructions. Use checks (✓) to indicate how much each statement describes how 3 - Very True you have felt or behaved most of your life since your teenage years. Please 323. I sometimes break the law.

328. Broke the law or did things that were illegal 329. Got into trouble with my parents on the authorities	 of problems or the to the	Slightly true	Moderately true	Very True	Completely true
		1-8	1	1	4-C

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341. I like to express my feelings in a colorful, dramatic way. 342. I like to express my feelings in a strong, exciting way.

3-5

343. Some people might think I'm overly dramatic.

0-2

(Page 43)

		Turbu	lent Te	ndencie	s (Dx49)*		e		true		9
Instructi you have answer	ons. Use felt or be	checks (haved mostems.) to indicat st of your	e how muc life since	h each state your teenag	ment describes how le years. Please	- Not at all true	Slightly true	Moderately true	Very True	Completely turn
331. l oft	en feel wort	hless.					-0	1-1	2-1	3-1	4-6
332. I ofte	en feel like l	m defective		and the second second							_
333. Isor	netimes hav	e trouble con	trolling my le	npulsive beha	END.						
334. Ison	netimes cut	Schatch on h	aroung my ir	npulsive beha	vior.					-	_
335. I alm	ost always	have intensel	urii myseli, (or hurt myself	ivior. in other ways.			-		-	
anxio	ous, then de	d mood to an pressed, etc.	other. I often	feel hurt, the	n angry, then je	ealous, then guilty, then					
337. I teel	terrified abo	out being aha	ndoned by o	thorn							
30. 150H	etimes feel	distrustful to	vard other na	entro.						1	-
35. TORE	n teel angry	and bitter							1		
40. I have	e difficulties	controlling m	v feelings of	anger or bitte					1	+	F
Page 42)	0-8	9-16	17-24						1	1	
-		0 10	17-24	25 – 32	33 – 40	Total	(10 it	ems)	*		
		Drama	tic Ten	lencies	(D. 50)			_	_	_	
estruction	ns. Use ci elt or beha of the ite	hooke (A :				ent describes how years. Please	0 - Not at all true	Slightly true	Moderately true	- very Irue	Completely true

344. I sometimes have a tremendous sense of my own importance or talents. 345. I have fantasies of unlimited success, power, brilliance, beauty or love.	344. I sometimes have a tremendous sense of my own importance or talents. 345. I have fantasies of unlimited success, power, brilliance, beauty or love. 346. I think a lot about power, fame, or recognition. 347. I sometimes feel like I'm extremely special.	344. I sometimes have a tremendous sense of my own importance or talents. 345. I have fantasies of unlimited success, power, brilliance, beauty or love. 346. I think a lot about power, fame, or recognition. 347. I sometimes feel like I'm extremely special.	Feelings of Importance (Dx51)*	ne ne		true		the same
346. I think a lot about power, fame, on the countries	346. I think a lot about power, fame, or recognition. 347. I sometimes feel like I'm extremely special.	346. I think a lot about power, fame, or recognition. 347. I sometimes feel like I'm extremely special. Page 44) 0-3 4-6 7-0	inswer all of the items.	1	- Slightly tru	1	- Very True	- Completely
346. I think a lot about power, fame, on the countries	346. I think a lot about power, fame, or recognition. 347. I sometimes feel like I'm extremely special.	346. I think a lot about power, fame, or recognition. 347. I sometimes feel like I'm extremely special. Page 44) 0-3 4-6 7-7		0	-	2	8	4
Taliffic a for about power fame of tecognition	347. I sometimes feel like I'm extremely special.	347. I sometimes feel like I'm extremely special. Page 44) 0-3 4-6 7-0	45. I have forted					
	347. I sometimes feel like I'm extremely special.	Page 44) 0-3 4-6 7 7 9	The state of the s			-	4	-

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Cluster C

Instruc you hav answe	ctions. Us ve felt or b r all of the	o ob!- (dant Ter to indicate st of your)* atement describes how age years. Please	0 - Not at all true	Slightly true	- Moderately true	- Very True	
348. 11	eel tremend	lously shy and	incommo in -	11.			10	1 2	2-1	3-4	1
	1001 45	Hailled of emb	amacood in ac					+	i i		H
500. 13	ourenines le	eel like I'm inar	u ban ateunah	nom!!	18.		T				+
	The state of the	or ment of sin	PIRE DITIENTIANA								H
302.	arraid that	people will loo	k down on me	in social sit	uatione						
(Page 45)	0-4	5-8	9-12	13 - 16							
				1 10-10	17 – 20	То	tal (5	items	s) →		
nstructi /ou have answer a	ions. Use e felt or be all of the	Chocks (A	dent Ten to indicate t of your lif			* ement describes how ge years. Please	0 - Not at all true	1 - Slightly true	2 - Moderately true	- Very True	- Completely true
52 Ihm	va ta di i			Need	for Help				~	m	4
54 I do:	ve trouble de	oing things on	my own witho	ut someone	else to help	me.				_	
A CONTRACTOR OF THE PARTY OF TH		WOLL HIMLD CAU	TO TOURGO HOW	Present and a section of	I'm alone.		-	+	-	+	_
age 45)	0-2	to miliate new	projects on my	/ own.			+	\dashv	+	+	_
-30 10)	0-2	3-5	6-7	8-10	11 - 12	Tota	1 /3 it	tems)	_	_	
				Conflic	t Phobia		. (6 11	omaj	L		
	I worthles	s when son	neone critici			ion of ma					
56. I fee		Control of the second		- 1	disappior	es of me.				1	
56. I fee 57. If oti	hers disap	proved of n	ne or criticiz	ea me. I'd	feel devas	stated	-	1			
8. I car	n't stand c	riticism or d	isapproval.	ea me, l'd	feel devas	stated.	\pm				
56. I fee 57. If oti 58. I car age 45)	hers disap n't stand c 0 – 2	riticism or d	ne or criticiz isapproval. 6-7		feel devas	stated.		1			
8. I car	n't stand c	riticism or d	isapproval.	8-10	feel devas	stated.	(3 ite	ems) ·	>		
58. I car age 45)	n't stand c	riticism or d	isapproval.		feel devas	stated.	(3 ite	ems) •	>		
58. I car age 45)	0 - 2	3-5	isapproval.	8-10 Fear of Be	feel devas	stated.	(3 ite	ems) -	*		
58. I car age 45) 9. I don 0. I can	0-2 't like to b	3-5 De alone.	isapproval.	8-10 Fear of Be	11 - 12 ing Alone	stated.	(3 ite	ems)	>	+	
58. I car age 45) 9. I don 0. I can	0-2 "t like to b "t feel hap	and uncomf	isapproval. 6-7 d when I'm	8-10 Fear of Be alone. en I'm alon	11 - 12 ling Alone	stated.	(3 ite	ems)	> _	 -	
58. I car age 45) 9. I don 0. I can 1. I feel	0-2 't like to b	3-5 De alone.	isapproval.	8-10 Fear of Be	11 - 12 ing Alone	stated.		I			

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answer all of the items.			Pa	ge:	32
362. I often feel like I have to be perfect.	T	T	T	T	T
363. I get very self-critical whenever to the	+	+	+	+	+
363. I get very self-critical whenever I fail to achieve my goals. 364. I beat up on myself whenever I make mistakes.		+	-	-	+
365. Sometimes Light so perfective in the mistakes.	1	+		\vdash	+
365. Sometimes I get so perfectionistic that I can't finish things.	+	1	-	-	+
Page 461 0 Page 461 o Page 461 o Page 461 o	1	-	+	-	╀
5-8 9-12 12 16 17 10	tal (5	item	s) ->		_
Feelings about the Survey*					-
nstructions. Use checks () to indicate how well each statement describes your lease answer all of the items.</td <td>- Not at all true</td> <td>- Slightly true</td> <td>-Moderately true</td> <td>- Very True</td> <td>- Completely ture</td>	- Not at all true	- Slightly true	-Moderately true	- Very True	- Completely ture
Negative Feelings About the Survey The survey was upsetting.	0	-1	2	60	4
68. The survey was hard for me.		T	T	T	-
					77.5
Openness and Accuracy			77/201		-Oliv
70. It was hard to answer some of the questions honestly.		-		_	_
70. It was hard to be completely open when I answered some questions.	+	+	+	+	_
Positive Foolings About the C					_
The questions were relevant to my concerns			-		
2. I believe the information I provided will be helpful to my therapist.	1	1			-
notplan to my therapist.					
3. Approximately how many minutes did it take you to complete this survey?			m	inute	s
			L		
	ar and the	an legende			
ease page through the survey and fill in any items you might have skipped or I. I have paged through the test to check for any items I might have missed or skipped. There are one or more items on the second of t	No			'es	

Congratulations! You've completed the survey. Thank you.

375. There are one or more items on the survey that I skipped or did not answer.

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